

Registration Form: Effective Lumbo-Pelvic Management

Course Location _____
Name _____
Credentials: (circle) PT PTA DO MD ATC
Address: _____

City _____ State _____ Zip _____

Home Phone _____

Work Phone _____

E-mail _____

*Note: Avail does NOT solicit or share ANY contact information---
your privacy is protected.

Registration Fee: \$495 if registered two (2) weeks prior to event. **Late registration** within two (2) weeks of event requires a fee is \$525.

Method of Payment (circle form of payment)

Check

Visa

Mastercard

Check or Card# _____ Card Exp Date _____

Credit card statements will show Avail Consulting, Inc.

Make checks available to and mail to:

Avail Consulting, Inc.
7000 South Ave. Suite 7
Boardman, Ohio 44512

******PLEASE NOTE THE FOLLOWING:** Seating may be limited at some locations; therefore we encourage **early registration** to ensure seat and avoid late registration fee.

Avail Consulting, Inc. or its speakers may refuse attendees for any reason at any time or cancel a course within 14 days before the scheduled course.

Upon registration, attendees will receive confirmation and hotel information via standard mail and e-mail.

Refunds will be given less a \$75 processing fee for cancellations less than 7 days prior to the course

Course is approved in all states where offered.
Call otherwise.

Inquiries: Call 330-629-8834

Fax registration to: 330-629-9362

Course Objectives

Upon completion of the course, attendees should:

Be able to distinguish and easily classify lumbar and true sacroiliac joint syndrome problems, as well as combined impairments in your patients.

Know & implement specific corrective therapeutic and alleviation exercises for your patient to help reverse their key signs and symptoms to **promote rapid change.**

Know clinical predictions rules to guide you to the starting point of treatment--but also understand where to go from there.

Understand what processes and procedures to apply to cluster signs to make notable and fast improvements – **at times, you will see astonishing changes!**

Put to use a variety of manual, mobilization, and manipulative techniques to address pain, joint dysfunction, disc derangement and mobility impairment.

Know how to properly progress a patient to prevent regression from overstraining and reduce future recurrence.

Understand how to think and act as the patient's primary care musculoskeletal manager--not just a therapist who repeats the same exercise protocols with patients.

Better understand "stabilization"--discover that what you're doing may be totally inappropriate for handling your patients. You'll learn the truth and what is 'mythical' about stabilization.

Have a documentation system, techniques, & strategies to help you quickly and successfully help the vast majority of your back pain patients upon returning to work.

Effective Lumbo-Pelvic Management

with Michael Rinaldi, PT, OCS

"An evidence-based course on how to effectively handle back pain and get better results."

Limited 2009 Schedule!

- ✓ Boston, MA..... July 18-19
- ✓ Cincinnati, OH..... Sept 18-19
- ✓ Las Vegas, NV.....Oct 2-3
- ✓ Philadelphia, PA..... Nov 7-8

Go to www.AvailConsultingInc.com for more information



Course Overview

Even with over 1000 published controlled clinical trials in the past decade, low back pain is still widely pervasive, misunderstood, and considerably mismanaged by many clinicians.

New fads and trends in diagnostics, exercise, & treatment have come, but the epidemic problem of back pain persists. Despite these and other efforts, patients continue to have recurrence and success with treatment is not that much further ahead than in the previous decade.

This course presents recent relevant research and authoritative evidence that supports efficacious treatment of the various expressions of LBP, radiculopathy, and sacroiliac joint syndrome.

At This Course You Will...

Improve your ability to treat back pain by learning how to properly assess the low back and the sacroiliac mechanically as you...

- Learn exam processes to differentiate between lumbar, sacroiliac, radiculopathy with as much certainty as possible.
- Learn a variety of manual mobilization & manipulation techniques that **speed progress!**
- Find out how to correctly match specific exercises to impairments in order to reduce pain, recover lost strength, and correct motion disorders for **improved outcomes!**
- Understand the clinical prediction rules, their usefulness and limitations in the context of clinical treatment.
- Learn treatment strategies & processes that will help you get your patient started correctly.
- Know the real story of 'lumbar stabilization'—Is it clinical truth or urban legend? This alone is worth the tuition.
- Learn how to sequence your treatment strategy efficiently for **maximum effect with least effort!**
- See how to efficiently identify cluster signs that are **the key to understanding** the context of the patient's affliction—they are often times like a poker player's 'tell' signs.
- Come to a better understanding of just what you are doing with exercise and how to make that component of your patient management even better.

Course Agenda: Day One

- ✓ Overview of Evidence-Based Medicine: What it is & How to Apply it to Low Back Pain.
- ✓ Which Tests to Use, Why & How to **Gain Maximum Certainty**
- ✓ Clinical Prediction Rules and Treatment Based Classification Schemes. Do They Really Work? If so, how can you use them?
- ✓ The Centralization Phenomenon: A Hidden Feature to help in Assessment, Prognosis, Progression & Compliance.
- ✓ Centralization vs. Instability vs. Stenosis vs. Dysfunction vs. Movement Impairment. Which Do We Choose?
- ✓ Process Mapping/Flow Sequences to Guide in the Assessment and Treatment of Various Presentations.
- ✓ Examination Sequence in WB and NWB: Eliciting the Most Information with Least Effort Using Reliable, Specific, & Sensitive Tests
- ✓ Cluster Signs That Point Toward the Source of the Problem
- ✓ Lab: Testing Sequences for the Low Back and Sacroiliac.

Course Agenda: Day Two

- ✓ Review of Examination/Evaluation Process
- ✓ Manual Therapy Lab: Lumbo-Pelvic Mobilization & Manipulation and Soft Tissue Treatment to Help Speed Progress
- ✓ Prescriptive Exercises for Pain Relief & Reversion of Key Cluster Signs & Therapeutic Exercise Fundamentals for Use in the Rehab Process
- ✓ The Myth of Lumbar Stabilization
- ✓ Process Maps as Treatment Proposals
- ✓ Tissue Loading and Patient Progression Using Key Benchmarks and a Proper Documentation System
- ✓ Modalities/Biophysical Agents of Use, including traction.
- ✓ Vignettes & Case Reviews
- ✓ The Expert PT vs. the Chiropractor: The Future is Here.

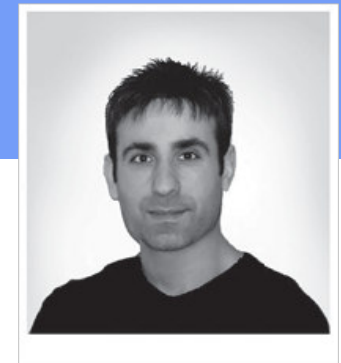
This is NOT a bio-mechanics course or review of things you should already know, but a "How-To" course on assessing and treating the various presentations of low back pain.

The course is complete with lecture, lab, training drills, theory & application, case reviews, and documentation. **Requirements for the course:** Attendees should wear loose, comfortable clothing, and come with an open mind and excitement to learn!

Disclaimer: This course contains mobilization and manipulation instruction. It is the responsibility of attendees to assume risk for their own participation in this part of the course. Delivery and receiving of manual techniques at the course is voluntary and as such Avail Consulting, Inc. assumes no liability for any injuries sustained by an attendee who wishes to participate of their own accord.

The Instructor:

Michael Rinaldi, PT, OCS is a 1993 graduate of Ohio University and a Board Certified Orthopedic Clinical Specialist. He is highly regarded as a very **capable, reliable and trusted** orthopedic clinician in his area. Since May 2000 he has successfully run his own orthopedic private practice based on the ability to get results—despite widespread physician-owned and hospital-based clinics in his area. He is presenting information that he discovered and developed in his practice which has helped him conquer low back and sacroiliac joint pain.



Lumbo-Pelvic Course Schedule June – Nov 2009

Jul 18-19	Boston, MA
Sep 18-19	Cincinnati, OH
Oct 2-3	Las Vegas, NV
Nov 7-8	Philadelphia, PA

Seminar Fee: \$495

... and well worth it!

**Includes manual, video guide,
Mulligan mobilization belt,
and mobilization wedge.**